

The Six Lessons Approach to Biomimetic Dentistry

THEORETICAL & HANDS-ON Course
with David Alleman, Davey Alleman & Andras Forster

Apply the science behind Dr. David Alleman's Six Lessons Approach to Biomimetic Dentistry in person with a hands-on course led by Drs. David Alleman, Davey Alleman and Andras Forster. Doctors will gain new insights and techniques by working alongside masters of biomimetic dentistry as they learn how to implement each step of the Six Lessons Approach. While learning this biomimetic workflow, doctors will also see how the science is applied to increase the life-span of their restorations, preserving the long-term health of the tooth; treat causes of restoration failures and symptoms, including caries, cracks and occlusion; protect tooth vitality by eliminating retreatments, recurring decay and pulp exposure; and restore a tooth to look and function like a natural tooth.

LECTURERS AND INSTRUCTORS

Dr. David S. Alleman, DDS has over 40 years of experience as a dentist. He has spent over eleven years pioneering the development of noninvasive dental procedures which conserve teeth. Dr. Alleman has condensed over 1,400 research articles into our educational program which teaches techniques and alternatives to full coverage crowns. This is the Six Lessons Approach to Biomimetic Restorative Dentistry. Dr. Alleman has been using biomimetic procedures in his practice for more than 20 years.

Dr. Davey Alleman is a general dentist who currently practices biomimetic dentistry in Provo, Utah with his father Dr. David Alleman. He received his DMD from the Roseman University of Health Sciences in 2015 and has practiced dentistry for the US Army in Seoul Korea and Southern Arizona. He is an instructor and mentor for the



Biomimetic mastership and is passionate to improve dental outcomes through minimally invasive biomimetic dentistry. He has been published in Journal of Operative Dentistry and Inside Dentistry.

Dr. Andras Forster DMD,PhD practices dentistry since 2006. He completed a three year full time residency programme at Szeged University and received a specialisation in Operative Dentistry and Prosthodontics. He continued to teach operative dentistry at the Szeged University as an assistant professor for five more years. He practices as a private practitioner since 2013 and is a restorative dentist at the world famous Urban Regeneration Institute in Budapest since 2016. In 2019 he got his PhD degree for the thesis "Biomimetic Restoration of Endodontically Treated Posterior Teeth".

PROGRAMME

DAY 1

Lesson 1: The diagnosis and treatment of caries - Partial Caries Elimination, Peripheral Seal Zone Concept

Lesson 2: Diagnosis and treatment of cracks and structural compromise - Crack dissection and structural analysis

Lesson 3: Maximizing adhesion to all dental tissues - Gold Standard Adhesion, Overcoming the Hierarchy of Bondability, Decoupling with Time concept

Hands-on practice of all the theoretical material of the day.

DAY 2

Lesson 4: Stress reduction - Deep Margin Elevation, Application of Ribbond, Delibits, Biobase

Lesson 5: Substitution of Enamel - Indirect, Direct and Semi direct restorative methods, Material selection, Adhesion to Enamel

Lesson 6: Verticalizing Occlusion for stress reduction,

Hands-on practice of all the theoretical material of the day.



DAY 3

Lesson 7: Endo-Resto day. Only for the students of the Six Lessons Approach Course. Structural analysis and restoration of endodontically treated teeth - Ribbond post, Bioblock, Short Fiber Reinforced Composites

Hands-on practice of all the theoretical material of the day.

DATE: 2022. October 7-9. Budapest

PRICE: 1829 Euros for DAY 1-2; DAY 3: 800 Euros

VENUE: Mercure Budapest City Center Hotel - all day catering included

APPLICATION AT THE BIOMIMETIC HUB WEBSITE - WWW.BIOMIMETICHUB.COM

